

# SWIMMING WAIKATO JUNIOR CHAMPIONSHIPS

**BRIGHT FUTURES.**

SWIMMING WAIKATO  
COMPETITIONS



## SWIMMING WAIKATO JUNIOR CHAMPIONSHIPS 2024

**Venue:** Waterworld Aquatic Centre, Hamilton

**Date:** 16 - 17 March 2024

Short Course (25m)

### **Saturday 16 March**

Session 1 Warm up. 9.00am. Racing starts at 9.30am.

Session 2 Warm up. 12.45pm. Racing starts at 1.15pm

### **Sunday 17 March**

Session 1 Warm up. 9.00am. Racing starts at 9.30am.

Session 2 Warm up. 12.45pm. Racing starts at 1.15pm

*Session times are a guidance and may alter once all entries are in and session timelines are reported. We will endeavor to keep everyone informed ahead of time.*

## MEET RATIONALE

The Swimming Waikato Junior Championships will act as the pinnacle competitive junior event for our 12/U Waikato & Counties-Manukau member club swimmers and beyond. The meet is a great opportunity for our 9/u, 10, 11 & 12-year-old swimmers to demonstrate the key race skills they have been working on within their home programs. This meet should be a fun introduction to competition on a regional championship level and an opportunity to celebrate swimmer success at all levels and abilities.

This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming Waikato will not be held liable for any costs and expenses incurred by any person following changes to the information outlined in this booklet. Swimming Waikato reserve the right to use discretion and make judgements to the contents and rules outlined in this document.

Please check the Swimming Waikato calendar to ensure you have the most up to date version of meet information.

[CLICK TO SUBSCRIBE TO OUR NEWSLETTER](#)

Original: 19/01/2024







**Darren Ward**  
Chief Executive



**Angeline Hardie**  
GM



**Megan Farndale**  
Regional Water Safety  
Coordinator



**Kaye-Marie  
McCaskill-Day**  
Meet Recorder



**Alison Fitch OLY**  
Regional Squad Lead



**Lauren Norman**  
Events & Admin Coordinator

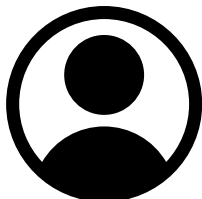
OUR BOARD



**Gavin Ion**  
Board Chair



**Kieran McCarthy**



**Jenny Jago**



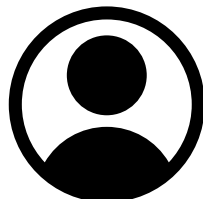
**Deb Mahony**



**Angela Bourke**



**Dave Beattie**



**Anton Barr**

# SWIMMING WAIKATO FUNDERS & SUPPORTERS



## SPONSOR A SWIMMING WAIKATO PROGRAM TODAY

Help us to 'Get Waikato Swimming' by supporting one of our swimming programs and initiatives for the benefit of our regional swimming and water safety community. A full list of available Sponsorship Opportunities can be found by clicking the badge below.



*Swimming Waikato is a registered charity under the Charities Act 2005*





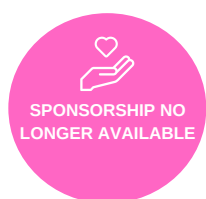
Our Junior XLR8 Program is for our junior competitive and club swimmers (aged 12 and under). The program is designed to encourage swimmers to focus on acquiring skills across all the competitive strokes and distances, thus providing a balanced foundation for our young swimmers. The program is about ensuring diversity of competitive swimming and providing a balanced and long-term attitude to our sport.

## JUNIOR XLR8 BADGES

There are three stages to the Swimming Waikato Junior XLR8 Program (below). Once each stage has been achieved, the swimmer will automatically receive the appropriate stage badge, sent out every two months, to celebrate their individual success.



JNR XLR8 USER GUIDE



Our Have-A-Go Swimming days are designed to cater for all different levels of swimming ability and to ensure all participants have a fun swimming experience.

With the amazing support of our 'Have-A-Go' sponsors, BlueFloat Energy and Elemental Group, all participants will receive a Swimming Waikato Sports Bag filled with a set of Arena Jnr Goggles, Swimming Waikato Cap, and lots of other goodies, to get your swimming journey underway!



A swimmer in a blue and yellow arena singlet is captured in motion in a swimming pool. The swimmer is wearing a black swim cap and red goggles. The background shows the blue water and lane lines of the pool.

*teamline*<sup>TM</sup>

# POP-UP SHOP

[WWW.TEAMLINE.CO.NZ](http://WWW.TEAMLINE.CO.NZ)

Official Kit Suppliers & Sponsors

*teamline*



SATURDAY SESSION 1					
Event	Distance	Stroke	Gender	Age	Event Type
1	400m	Freestyle	Female	12yrs & U	Timed Final
2	400m	Freestyle	Male	12yrs & U	Timed Final
3	50m	Breaststroke	Female	12yrs & U	Timed Final
4	50m	Breaststroke	Male	12yrs & U	Timed Final
5	200m	Backstroke	Female	12yrs & U	Timed Final
6	200m	Backstroke	Male	12yrs & U	Timed Final
7	100m	Butterfly	Female	12yrs & U	Timed Final
8	100m	Butterfly	Male	12yrs & U	Timed Final
9	200m	IM Relay	Female	12yrs & U	Timed Final
10	200m	IM Relay	Male	12yrs & U	Timed Final

SATURDAY SESSION 2					
Event	Distance	Stroke	Gender	Age	Event Type
11	100m	Freestyle	Female	12yrs & U	Timed Final
12	100m	Freestyle	Male	12yrs & U	Timed Final
13	50m	Butterfly	Female	12yrs & U	Timed Final
14	50m	Butterfly	Male	12yrs & U	Timed Final
15	100m	Backstroke	Female	12yrs & U	Timed Final
16	100m	Backstroke	Male	12yrs & U	Timed Final
17	200	IM	Female	12yrs & U	Timed Final
18	200	IM	Male	12yrs & U	Timed Final

SUNDAY SESSION 3					
Event	Distance	Stroke	Gender	Age	Event Type
19	400m	IM	Female	12yrs & U	Timed Final
20	400m	IM	Male	12yrs & U	Timed Final
21	50m	Freestyle	Female	12yrs & U	Timed Final
22	50m	Freestyle	Male	12yrs & U	Timed Final
23	200m	Breaststroke	Female	12yrs & U	Timed Final
24	200m	Breaststroke	Male	12yrs & U	Timed Final
25	50m	Backstroke	Female	12yrs & U	Timed Final
26	50m	Backstroke	Male	12yrs & U	Timed Final

SUNDAY SESSION 4					
Event	Distance	Stroke	Gender	Age	Event Type
27	200m	Butterfly	Female	12yrs & U	Timed Final
28	200m	Butterfly	Male	12yrs & U	Timed Final
29	100m	Breaststroke	Female	12yrs & U	Timed Final
30	100m	Breaststroke	Male	12yrs & U	Timed Final
31	200m	Freestyle	Female	12yrs & U	Timed Final
32	200m	Freestyle	Male	12yrs & U	Timed Final
33	100m	IM	Female	12yrs & U	Timed Final
34	100m	IM	Male	12yrs & U	Timed Final
35	200m	Freestyle Relay	Female	12yrs & U	Timed Final
36	200m	Freestyle Relay	Male	12yrs & U	Timed Final



# SWIMMING WAIKATO

## JUNIOR CHAMPIONSHIPS

### ENTRY PROCESS

**Entry Fee:** \$14.50

Entries for Individual events will be online through [FASTLANE](#) on the SNZ membership database.

**Online entries close - Thursday 7 March at 11.59pm**

#### Late Entries

- Late entries subject to space.
- Late entries will incur a fee of \$50.00 per swimmer which must be paid to Swimming Waikato prior to the start of the meet - 12 3122 0312567 00.

All entry enquiries to Kaye-Marie McCaskill-Day  
[swentries@gmail.com](mailto:swentries@gmail.com)

Event cancellation may occur in the event of a circumstance outside of Swimming Waikato's control, such as a force majeure event or a government/facility-imposed restriction(s), that impacts our ability to deliver the event. If the event has not commenced and is cancelled more than 10 days prior to starting, the participant will receive a full refund. If the event is cancelled within 10 days of commencing, or has commenced, the participant may receive a partial refund at the sole discretion of Swimming Waikato. The level of refund shall be determined by considering the costs already incurred by Swimming Waikato which cannot be recouped.

### MEET CONDITIONS

- This event is for CLUB & COMPETITIVE swimmers, aged 12 and under.
- Age as of first day of meet.
- Technical Director - Russell Strange & Susan Barriball.
- There is no qualifying period for this meet.
- Entry times short course. Times may be converted from Long Course times.
- Database times only. "NO TIME" will not be accepted.
- Meet Director reserves the right to restrict event numbers if entries exceed the nominated timeframe.
- The meet will be conducted under Swimming New Zealand's 'SNZ Regulations and Bylaws and WORLD AQUATICS (formally FINA) Rules', except where local meet rules and conditions apply.

### MEET SPECIFIC INFORMATION

- Visitors will receive a visitor medal if finishing 1st, 2nd or 3rd (1 visitor medal per event).
- Age Groups will be as follows: -12 yrs and Under: 400 Freestyle, 200 Fly, 400 IM and Relays.
- All other events - 9yrs/U, 10 yrs, 11 yrs and 12 yrs.

### MEDALISTS

- Swimming Waikato Medals will be awarded to the first three Swimming Waikato Male & Female swimmers in the age groups noted above.
- Finalist ribbons will be given to 4th to 8th placegetters (excluding Relays).

## ADDITIONAL COMPETITION INFORMATION

- All participants must agree to comply with the Sports Anti-Doping Rules.
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.

## MARSHALLING PROCEDURE

- Marshalling will be employed during all sessions. Further information will be provided ahead of the event.

## DISQUALIFICATIONS

- Disqualifications will be announced and a copy of the DQ form will be put in the clubs pigeon-hole for collection.

## WARM UP PROCEDURE

- Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.

## PSYCH SHEETS / MEET PROGRAMME

- Psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out prior to the start of the meet.
- This is a paperless meet. The meet program, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, prior to the start of the meet.

## RESULTS

- Results will be available on both the MyTogs & MeetMobile Apps when internet allows.
- Session results will also be made available on the homepage of the Swimming Waikato website.

## OFFICIALS

- As per Swimming New Zealand regulations, there is a minimum number of voting technical officials required for a meet to be classed as approved.
- It is the responsibility of the Clubs and members of the swimming community to ensure they contribute to the success of the meet by assisting with the provision of officials. Where the required number of officials are not forthcoming, the results from the meet will be unapproved.

## SCRATCHINGS / WITHDRAWALS

- Refunds will only be made if a medical certificate is provided to the Meet Recorder before the end of the meet. All refunds are at the discretion of the Technical Director.
- Scratching's for the first session must be submitted to the Control Room no later than 30 minutes prior to the start of racing.
- For subsequent sessions, scratching must be submitted no later than 30 minutes before the end of the previous session immediately prior to the session in which the scratching is to be effective.
- Swimmers will be deemed to have scratched if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event and the \$50.00 withdrawal fee will apply.

## PROTESTS

- Protests must be submitted within 30 minutes following the conclusion of the respective event. The protest fee is set at \$100.00; this is payable upon submission of the correctly completed protest form.

## DISQUALIFICATIONS

- Disqualifications will be announced and a copy of the DQ form will be put in the clubs pigeon-hole for collection.

## COACH & TEAM MANAGERS

The Google Form below allows clubs to provide the names of their Coach and Team Manager to Swimming Waikato Team so that we can manage their entry into the meet venue. If this is not completed, access will not be permitted.

[Swimming Waikato Junior Championships Volunteers Form](#)

## CODE OF CONDUCT

This Code of Conduct applies to all Swimming Waikato Members and persons participating in and/or connected to Swimming Waikato activities. This Code outlines your rights and responsibilities. Whatever your role or your ability, you should encourage others to follow it and recognize that you have a duty of care to all Swimming Waikato members. There is an expectation that as a member of Swimming Waikato (as a Swimmer, Parent / Caregiver, Coach, Technical Official, Team Manager, Team Member, Committee Member, Volunteer or affiliated Club), you will have agreed to abide by the terms of Swimming Waikato's Code of Conduct.

[\*Swimming Waikato Code of Conduct\*](#)

## EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

[Swimming Waikato - Health & Safety Video - YouTube](#)

### NOTIFIED HAZARDS

- Floor surfaces may be slippery when wet. No running.
- Stadium concrete & seating may be slippery when wet.
- Caution around electronic cords (Starting, Timing & Entertainment equipment)
- Please advise the Referee or pool staff if you observe a potential hazard.
- Please ensure any young children are aware of these hazards.

**This meet may include a sequence of flashing lights that may affect those who are susceptible to photosensitive epilepsy or other photo sensitivities.**

### IN GENERAL

- Please familiarize yourself with the pool layout, exits and equipment.
- And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

### IN AN EMERGENCY

If you are required to contact Emergency Services, the address directions are:

- "50m indoor Pool Waterworld Garnett Avenue Hamilton" - please note that Pool Staff are trained in First Aid & CPR.

### FOR EVACUATION

- Stay Calm.
  - Three (3) loud blasts on the whistle by the Referee shall clear the pool.
  - Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.
  - Assembly locations are dependent on the exit used.
1. Side door - assemble opposite the bike racks towards the front of the building.
  2. Lido door - assemble out towards the boundary fence.
  3. Main front doors - assemble opposite the bike racks.
- Assist Team Managers and Officials to evacuate the swimmers safely.
  - Conduct a roll call to account for all persons (Children and Adults) in your Club.
  - Notify the relevant emergency Services as required.

### DURING THE MEET

- Please take care to ensure the health and safety of yourself and others.
- Please leave the pool in a tidy state by properly disposing of all litter; please recycle where possible.

